

Sample Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Sample <u>Work Sites:</u>	4 Greenwald (x2) Kmart Chili's Meals on Wheels Holy Apostles Shop Rite (x2)	5 Greenwald (x2) Kmart Holy Apostles Chili's Meals on Wheels Big Y Grounds Cleaning Shop Rite (x2) Traditions	6 Greenwald (x2) Kmart Chili's Meals on Wheels Holy Apostles Big Y Shop Rite (x2)	7 Greenwald (x2) Kmart Chili's Meals on Wheels Holy Apostles Big Y Grounds Cleaning Shop Rite (x2) Traditions	8 Kmart Chili's Meals on Wheels Holy Apostles Grounds Cleaning Shop Rite (x2)	9
10 Sample <u>Independent Living Skills:</u>	11 Laundry Bed Making Cooking	12 Money Skills	13 Personal Care Sign Language Cooking/Baking (2x per month)	14 Phone Skills	15 Safety/Hygiene Bed Making	16
17 Sample <u>Social/Recreational:</u>	18 Current Events Scrapbooking Science Center Low Impact Exercises	19 Current Events Low Impact Exercises Music Appreciation Science Center	20 Current Events Destinta Theaters Science Center Dance Appreciation	21 Current events Science Center Group Discussion Science Center Music Appreciation	22 Current events Science Center In house movie Science Center Low Impact Exercises	23
24 Sample <u>Volunteer Sites:</u>	25 Meals on Wheels	26 Hungerford Park Meals on Wheels Wethersfield Nature Center	27 BINGO Meals on Wheels	28 Hungerford Park Meals on Wheels	29 Meals on Wheels	30
31					Updated: 1/3/12	