

# TEEN SELF- ADVOCACY GROUP

MIDDLETOWN PARK &  
RECREATION &  
MARC: COMMUNITY  
RESOURCES

Karen J Nocera  
Recreation Supervisor  
Middletown Parks and  
Recreation Department  
100 Riverview Center Suite #  
140  
Middletown, CT 06457  
Phone: 860.343.6620 ext. 102  
Fax: 860.344.3319

Larissa Gionfriddo  
Director of Outreach &  
Advocacy  
MARC:Community Resources  
124 Washington Street  
Middletown, CT 06457

Phone: 860-342-0700 ext 214  
Fax: 860-342-1492  
E-mail:  
L.gionfriddo@marc-cr.org



MARC: Community Resources is a non-profit organization dedicated to empowering adults and children with intellectual and developmental disabilities to realize their dreams and make choices about their lives. MARC: Community Resources has been active in the Middlesex Community for over 57 years. MARC: Community Resources and Middletown Park & Recreation are joining forces to reach out to teens with disabilities age 14-21 to come together and learn important skills to teach themselves how to empower their lives. Within this group they will learn important skills from healthy relationships, advocating for themselves, building safe social networks, ways to plan their own future and much more!

**AGES:** 14-21

**Days:** Thursdays

**Dates:** February 17<sup>th</sup>, & April 21<sup>st</sup> (12 – 3)  
March 17 & May 19<sup>th</sup> (5:30 – 7:00)

**Location:** Keigwin Middle School

**Instructor:** Larissa Gionfriddo, MARC

NO Fee for meetings

Some activities will have an activity fee!